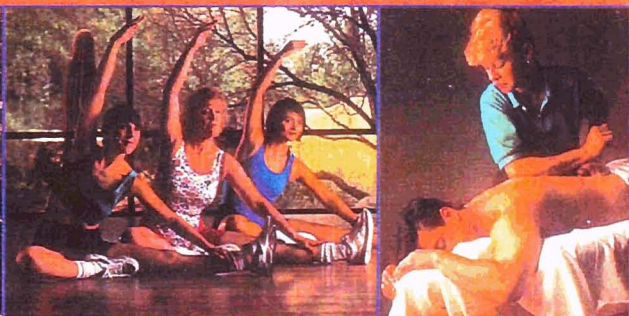
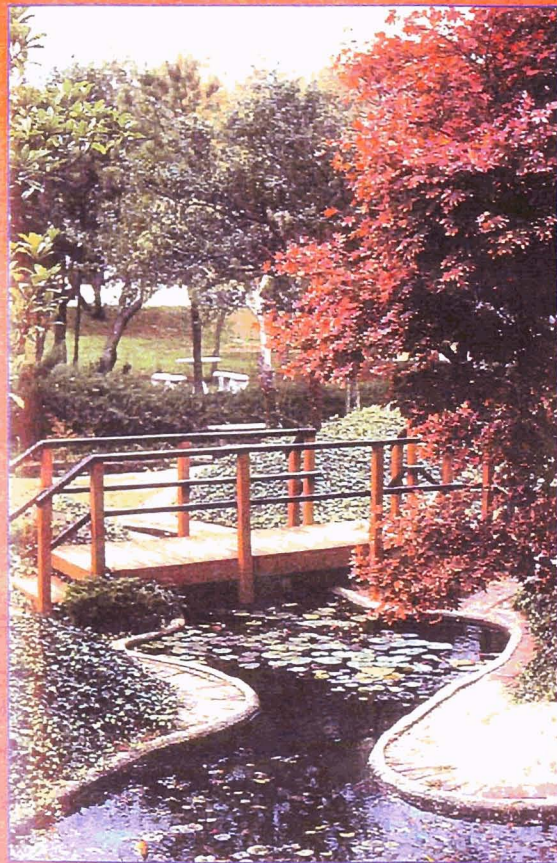


Healing Centers & Retreats

Healthy Getaways for Every Body and Budget



"These healthful retreats have become the vacation of the '90s—and this is the indispensable guide to choose the right center or spa for you."

—SpaQuest magazine

Jenifer Miller

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For 22 years, the Feathered Pipe Ranch, located in the heart of the Montana Rockies, has symbolized the spirit of the feathered pipe—that of connecting with the circle of life—through its workshops and programs. The goal behind the Feathered Pipe Foundation, the nonprofit educational umbrella under which the ranch operates, is to provide learning experiences that provide the knowledge and commitment necessary for healthy living.

Programs are offered not only at the Montana home base but throughout the world. During ranch seminars, a broad spectrum of natural health, spirituality, and lifestyle topics are covered, such as power yoga, holistic health, shamanism, drum building, and natural healing. Guests also have time to take in a sauna and massage or to hike through the miles of forested mountains, pristine lakes, and abundant plant and wildlife. A short hike to the “sacred rocks” above the 110-acre ranch affords panoramic views. A typical day includes drumming, song, dance, shamanic dream work, prayer, and purification ceremonies with the Huichol shaman Brant Secunda. As part of his workshop, Secunda leads guests down a 40-foot chamber in a mountain cave, used as a sacred ceremonial site by prehistoric indigenous people.

Travel seminars are intended to foster personal growth while enabling guests to study ancient traditions and experience the healing energies of a place. Past workshops have included the four-day *Power of Healing: Science, Nature and Spirit* intensive with Dr. Andrew Weil and Dr. Christiane Northrup. Participants learned about the costs and benefits of traditional and natural medicine, how to prevent disease and promote health, herbs everyone should know, how to create health during menopause, how thoughts and feelings influence health and disease, and more.

Hours and Days of Operation: 3-day to 1-week programs offered year-round.

Accommodations: Dormitory-style rooms that hold up to 4 persons; camping in tepees, tents, or yurts; limited number of double rooms with private or semiprivate baths available at an additional \$250 and \$150, respectively, per person.

Rates: Vary according to program chosen. Cost for each program includes all instruction, lodging, meals, and general use of bathroom and ranch facilities. Discounts available. Scholarships available for those who need financial assistance (please inquire).

Credit Cards: MC, V; checks or money orders preferred.

Meal Plans: 3 organic, vegetarian meals a day, with the option of chicken or fish.

Services: Health, spirituality, and lifestyle programs; therapeutic bodywork; meditation.

Recreational Activities: Swimming, volleyball, hiking.

Facilities: 110-acre ranch with main lodge, meeting rooms, tepees, yurts, tents, laundry facilities, hot tub, sauna, hiking trails, swimming pond.

Staff: About 20 permanent staff with guest lecturers like Dr. Andrew Weil and Dr. Christiane Northrup, Judith Lasater, Rodney Yee.

Special Notes: Smoking not allowed. Facilities accessible for people with disabilities.

Nearby Attractions: Helena, Montana; Yellowstone National Park; Glacier National Park.

Getting There: 15 minutes by car from Helena, Montana. A detailed information packet including map will be sent on registration. Round-trip van transportation available.
